

WHERE?

Griffin Centre

Meeting Room 9

20 Genge St, Canberra ACT 2600

REGISTRATION COSTS



Registration \$200

\$180 Early bird booking (before 16th June)

Registration includes lunch and morning and afternoon tea.



FINANCIAL HARDSHIP?

Contact us; don't let it be a barrier.



DETAILS OF ACCOMMODATION

There are many hotels close to the venue.

At present rooms at the 'Canberra Accommodation Centre' are around the \$100 per night. This is a five minute drive or a twenty minute walk from the venue.



HOW TO REGISTER

Email: info@cifs.org.au stating your intention to attend the seminar. If you are not currently known to CIFS Please include your name, phone, and any other relevant information such as the name of the group you were in and how long since you left etc.

Bank transfer via our website: www.cifs.org.au

Or Westpac:

BSB 032069

A/C No. 215882.

Use your first name and 'workshop' as reference identifier.

Please Note:

Due to the nature of the group process we regret that we cannot have people attend for one day only and dependent children cannot attend. We will email further details closer to the event time.

CIFS

Cult Information & Family Support Inc.

Regaining Freedom of Mind Recovery Workshop

Sat 5th Sun 6th August 2023

This 'weekend workshop' is for ex-group members only, and not family or friends. If you have left an abusive group or religion, this weekend is for you! Places are limited and numbers will be deliberately kept low to enable personal interaction. The weekend is non-religious and accepting of all belief systems.

FACILITATORS

Tore Klevjer (Pres. CIFS) is a registered counsellor, educator, consultant and former member of a controversial group. Tore has been involved with counselling and education on the topic of religious extremism for many years and comes with an inside knowledge of the cult experience.

Mary Janetski is a Registered Psychologist and the Director of South East Psychology in Brisbane Queensland. Mary brings firsthand experience, and is uniquely positioned to provide support to anyone (including ex-members and families) who has been negatively impacted by high demand destructive groups. She also runs a monthly informal support group for ex-cult members (Conditions Apply).

TOPICS DISCUSSED TYPICALLY INCLUDE:

- The nature of psychological manipulation and abuse
- Conditions of thought reform programs
- Critical thinking
- Relationships and intimacy
- Post-traumatic stress disorder and the brain
- Boundaries
- Decision-making
- Re-establishing trust in yourself and others
- The grieving process
- Reintegration and identity issues

