### WHERE?

Healing Ministry Centre, Golden Grove, 5 Forbes St. Newtown, Sydney



#### REGISTRATION COSTS

Registration \$200

\$180 Early bird booking (before 15<sup>th</sup> September)

Registration includes lunch and morning and afternoon tea.



#### FINANCIAL HARDSHIP?

Contact us: don't let it be a barrier.

## A DETAILS OF **ACCOMMODATION AT THE VENUE**

http://goldengrove.org.au/accommodation

Rooms with ensuite:

\$95 or shared \$120 per night

Rooms without ensuite:

\$70 or shared \$95 a basic

Breakfast is included per the website, and it is up to attendees to book directly with Golden Grove.

We advise early bookings to avoid disappointment.



#### **≥** ✓ HOW TO REGISTER

Email: info@cifs.org.au stating your intention to attend the seminar. Please include your name, phone, and any other relevant information such as the name of the group you were in and how long since you left etc.

Bank transfer via Westpac:

BSB 032069

A/C No. 215882.

Use your first name as reference identifier.

P.S. Due to the nature of the group process we regret that we cannot have people attend for one day only.

# **CIFS**

Cult Information & Family Support Inc.

# Regaining Freedom of Mind **Recovery Workshop** Sat 15th & Sun 16th Oct 2022

This 'weekend workshop' is for ex-group members only, and not family or friends. If you have left an abusive group or religion, this weekend is for you! Places are limited and numbers will be deliberately kept low to enable personal interaction. The weekend is non-religious and accepting of all belief systems.

#### **FACILITATORS**

**Tore Klevjer** is a registered counsellor, educator, consultant and former member of a controversial group. Tore has been involved with counselling and education on the topic of religious extremism for many years and comes with an inside knowledge of the cult experience.

Emma Kipps is a long standing member of CIFS and the current vice president. She is a cult survivor and has been a part of a number of interventions assisting people to leave damaging groups. Emma is well versed in this subject and has presented for the media on many occasions. Emma brings a wealth of experience to the workshop.

#### **TOPICS DISCUSSED TYPICALLY INCLUDE:**

- The nature of psychological manipulation and abuse
- Conditions of thought reform programs
- Critical thinking
- Relationships and intimacy
- Post-traumatic stress disorder and the brain
- Boundaries
- **Decision-making**
- Re-establishing trust in yourself and others
- The grieving process
- Reintegration and identity issues

