

Where:

Healing Ministry Centre,
Golden Grove,
5 Forbes St. Newtown,
Sydney

Registration Costs:

\$180 Early bird booking (before
30th July.) \$200 late booking
Registration includes lunch and
morning and afternoon tea.

Financial hardship?

Contact us; don't let it be a
barrier.

**Details of accommodation at
the venue:**

[http:// goldengrove.org.au/
accommodation](http://goldengrove.org.au/accommodation)

Rooms with ensuite are \$75
or shared \$95 per night
Rooms without ensuite
\$60 or shared \$85

Breakfast is included per
the website, and it is up to
attendees to book directly
with Golden Grove.

We advise early bookings to
avoid disappointment.

How to Register

Email: info@cifs.org.au stating
your intention to attend the
seminar. Please include your
name, phone, and any other
relevant information such as the
name of the group you were in
and how long since you left etc.

Bank transfer via Westpac BSB
032069 A/C No. 215882. Use your
first name as reference identifier.

P.S. Due to the nature of the
group process we regret that we
cannot have people attend for
one day only.

CIFS

 Cult Information & Family Support Inc.

Regaining Freedom of Mind



Recovery Workshop

12th & 13th Oct 2019

This 'weekend workshop' is for ex-group members only, and not family or friends. If you have left an abusive group or religion, this weekend is for you! Places are limited and numbers will be deliberately kept low to enable personal interaction. The weekend is nonreligious and accepting of all belief systems.

Facilitators:

Tore Klevjer is a registered counsellor, educator, consultant and former member of a controversial group. Tore has been involved with counselling and education on the topic of religious extremism for many years and comes with an inside knowledge of the cult experience.

Jill Henry is a registered counsellor, psychotherapist, trainer and accredited supervisor who has studied high demand, manipulative and deceitful groups and relationships for over 15 years. Jill is in private practice in Sydney and also works with a community counselling service.

Topics discussed typically include:

- The nature of psychological manipulation and abuse
- Conditions of thought reform programs
- General recovery needs of former members
- Critical thinking
- Relationships and intimacy
- Post-traumatic stress disorder
- Boundaries
- Decision-making
- Re-establishing trust in yourself and others
- Dependency issues
- The grieving process
- Reintegration and identity issues